

GENERAL ASSEMBLY OF NORTH CAROLINA

SESSION 1989

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SENATE BILL 1565

Short Title: State Employee Health Plan Changes.

(Public)

Sponsors: Senator Royall.

Referred to: Appropriations.

June 6, 1990

A BILL TO BE ENTITLED

1
2 AN ACT TO MAKE ADMINISTRATIVE CHANGES AND CLARIFICATIONS, TO
3 MODIFY PART-TIME AND TEMPORARY EMPLOYEE COVERAGES, TO
4 PROVIDE BENEFITS FOR GENERAL HEALTH PHYSICAL EXAMINATIONS
5 AND IMMUNIZATIONS, AND TO PROVIDE LONG-TERM CARE BENEFITS
6 IN THE TEACHERS' AND STATE EMPLOYEES' COMPREHENSIVE MAJOR
7 MEDICAL PLAN.

8 The General Assembly of North Carolina enacts:

9 Section 1. G.S. 135-39.4A(a) reads as rewritten:

10 "(a) The Plan shall have an Executive Administrator. Except for the provisions of
11 G.S. 126-4(5), and Articles 5, 6, 7, 13, and 14 of Chapter 126 of the General Statutes,
12 the provisions of that Chapter do not apply to the position of Executive Administrator."

13 Sec. 2. G.S. 135-39.4A(f) reads as rewritten:

14 "(f) The Executive Administrator may ~~employ~~ appoint such clerical and
15 professional staff, and such other assistance as may be necessary to assist the Executive
16 Administrator and the Board of Trustees in carrying out their duties and responsibilities
17 under this Article. Except for the provisions of G.S. 126-4(1) through G.S. 126-4(5),
18 G.S. 126-4(8), G.S. 126-7, and Articles 5, 6, 7, 13, and 14 of Chapter 126 of the General
19 Statutes, that Chapter does not apply to the positions of deputy administrator, assistant
20 administrator, director, deputy director, assistant director, supervisor, or any other
21 decision-making position appointed by the Executive Administrator, nor to the positions
22 of confidential secretary to the Executive Administrator or to any other decision-making
23 position, or to any other positions of a like nature, notwithstanding G.S. 126-5. The
24 Executive Administrator may also negotiate, renegotiate and execute contracts with

1 third parties in the performance of his duties and responsibilities under this Article;
2 provided any contract negotiations, renegotiations and execution with a Claims
3 Processor or with an optional prepaid hospital and medical benefit plan or with a
4 preferred provider of institutional or professional hospital and medical care shall be
5 done only after consultation with the Committee on Employee Hospital and Medical
6 Benefits."

7 Sec. 3. G.S. 135-39.5 is amended by adding a new subdivision to read:

8 "(19) Determine administrative and medical policies that are not in direct
9 conflict with Part 3 of this Article upon the advice of the Claims
10 Processor and upon the advice of the Plan's consulting actuary
11 when Plan costs are involved."

12 Sec. 4. G.S. 135-39.5B reads as rewritten:

13 **"§ 135-39.5B. Prepaid plans.**

14 The Executive Administrator and Board of Trustees may, after consultation with the
15 Committee on Employee Hospital and Medical Benefits, provide for optional prepaid
16 hospital and medical benefits plans. Benefits offered under such optional plans shall be
17 comparable to those offered under the Plan. The amounts of State funds contributed for
18 such optional plans shall not be more than the amounts contributed for each person
19 eligible under G.S. 135-40.2 on a noncontributory Employee Only basis, with the
20 person selecting an optional plan paying any excess, if necessary. The amount of State
21 funds contributed to such optional plans shall also not exceed the amount of an optional
22 plan's cost for Employee Only coverage. ~~The provisions of G.S. 57B-11 shall not apply to~~
23 ~~any optional prepaid hospital and medical benefits plans provided for by the Executive~~
24 ~~Administrator and Board of Trustees.~~ The Executive Administrator and Board of Trustees
25 are authorized to assess and collect fees from participating optional plans provided by
26 this section for administrative purposes and for risk management purposes. Such fees
27 may be based upon the enrollees' risk factors and the number and types of contracts
28 enrolled by each participating optional plan, and may be collected by the Plan in a
29 manner prescribed by the Executive Administrator and Board of Trustees. In no
30 instance shall benefits be paid under Part 3 of this Article for persons enrolled in an
31 optional prepaid hospital and medical benefit plan authorized under this section on and
32 after the effective date of enrollment in the optional prepaid plan, except in cases of
33 continuous hospital confinement approved by the Executive Administrator."

34 Sec. 5. G.S. 135-39.6A reads as rewritten:

35 **"§ 135-39.6A. Premiums set.**

36 The Executive Administrator and Board of Trustees shall, from time to time,
37 establish premium rates for the Comprehensive Major Medical Plan except as they may
38 be established by the General Assembly in the Current Operations Appropriations Act,
39 and establish regulations for payment of the premiums. Premium rates shall be
40 established for coverages where Medicare is the primary payer of health benefits
41 separate and apart from the rates established for coverages where Medicare is not the
42 primary payer of health benefits."

43 Sec. 6. G.S. 135-39.10 reads as rewritten:

44 **"§ 135-39.10. Meaning of 'Executive Administrator and Board of Trustees'.**

1 Whenever in this Article the words 'Executive Administrator and Board of Trustees'
2 appear, they mean that the Executive Administrator shall have the power, duty, right,
3 responsibility, privilege or other function mentioned, after consulting with the Board of
4 Trustees of the Teachers' and State Employees' Comprehensive Major Medical Plan, ~~or~~
5 ~~its Executive Committee."~~

6 Sec. 7. Effective October 1, 1989, G.S. 135-40.1(3)b reads as rewritten:

7 "b. The dependent is physically or mentally incapacitated to the
8 extent that he or she is incapable of earning a living and (i) such
9 handicap developed or began to develop before the dependent's
10 19th birthday, and ~~(ii) the dependent was covered by the Plan and/or~~
11 ~~the Predecessor Plan when such handicap began and there has been~~
12 ~~no lapse in coverage since that time or, the dependent was not~~
13 ~~covered by the Predecessor Plan at the time the handicap began, but~~
14 ~~was subsequently covered by the Predecessor Plan and there has been~~
15 ~~no lapse in coverage since that time or~~ (ii) such handicap
16 developed or began to develop before the dependent's 26th
17 birthday if the dependent was covered by the Plan in
18 accordance with G.S. 135-40.1(3)a."

19 Sec. 8. G.S. 135-40.1(7a) is recodified to be G.S. 135-40.1(7b) and a new
20 subdivision is added to G.S. 135-40.1 to read:

21 "(7b) Experimental/Investigational Medical Procedures. - The use of any
22 treatment, procedure, facility, equipment, drug, device, or supply
23 not recognized as having scientifically established medical value
24 nor accepted as standard medical treatment for the condition being
25 treated as determined by the Executive Administrator and Board of
26 Trustees upon the advice of the Claims Processor, nor any such
27 items requiring federal or other governmental agency approval not
28 granted at the time services were rendered. The Executive
29 Administrator and Board of Trustees may overturn the advice of
30 the Claims Processor only upon convincing evidence from the
31 American Medical Association, North Carolina Medical Society,
32 the United States Health Care Financing Administration, medical
33 technological journals, and other major U.S. insurers of health care
34 expenses on a consensus of medical value and accepted standard
35 medical treatment.

36 Sec. 9. G.S. 135-40.2 reads as rewritten:

37 "**§ 135-40.2. Eligibility.**

38 (a) The following persons are eligible for coverage under the Plan, on a
39 noncontributory basis, subject to the provisions of G.S. 135-40.3:

- 40 (1) All permanent full-time employees of an employing unit who meet
41 the following conditions:
- 42 a. Paid from general or special State funds, or
 - 43 b. Paid from non-State funds and in a group for which his or her
 - 44 employing unit has agreed to provide coverage.

- 1 Employees of State agencies, departments, institutions, boards, and
2 commissions not otherwise covered by the Plan who are employed in
3 permanent job positions on a recurring basis and who work 30 or more
4 hours per week for nine or more months per calendar year are covered
5 by the provisions of this subdivision.
- 6 (1a) Permanent hourly employees as defined in G.S. 126-5(c4) who
7 work at least one-half of the workdays of each pay period.
- 8 (2) Retired teachers, State employees, and members of the General
9 Assembly.
- 10 (2a) Surviving spouses of:
- 11 a. Deceased retired employees, provided the death of the former
12 plan member occurred prior to October 1, 1986; and
- 13 b. Deceased teachers, State employees, and members of the
14 General Assembly who are receiving a survivor's alternate
15 benefit under any of the State-supported retirement programs,
16 provided the death of the former plan member occurred prior to
17 October 1, 1986.
- 18 (3) Repealed by Session Laws 1985 (Reg. Sess., 1986), c. 1020, s.
19 29(b), effective January 1, 1988.
- 20 (3a) Employees of the General Assembly, not otherwise covered by this
21 section, as determined by the Legislative Services Commission,
22 except for legislative interns and pages.
- 23 (4) Members of the General Assembly.
- 24 (a1) The following persons are eligible for coverage under the Plan on a partially
25 contributory basis, subject to the provisions of G.S. 135-40.3:
- 26 (1) All permanent part-time employees designated as one-half time or
27 more of an employing unit who meet the conditions set out in
28 subdivision (a)(1) of this section and who are not otherwise
29 covered by the provisions of that subdivision, shall be eligible for
30 coverage on a fifty percent (50%) noncontributory basis.
- 31 (b) The following person shall be eligible for coverage under the Plan, on a fully
32 contributory basis, subject to the provisions of G.S. 135-40.3:
- 33 (1) Repealed by Session Laws 1983, c. 761, s. 255, effective upon the
34 convening of the 1985 Regular Session.
- 35 (2) Former members of the General Assembly who enroll before
36 October 1, 1986.
- 37 (2a) For enrollments after September 30, 1986, former members of the
38 General Assembly if covered under the Plan at termination of
39 membership in the General Assembly.
- 40 (3) Surviving spouses of deceased former members of the General
41 Assembly who enroll before October 1, 1986.
- 42 (3a) Employees of the General Assembly, not otherwise covered by this
43 section, as determined by the Legislative Services Commission,
44 except for legislative interns and pages.

- 1 (3b) For enrollments after September 30, 1986, surviving spouses of
2 deceased former members of the General Assembly, if covered
3 under the Plan at the time of death of the former member of the
4 General Assembly.
- 5 (4) All permanent part-time employees (~~designated as half-time or more~~)
6 designated as less than one-half time and all temporary employees
7 of an employing unit who meets the conditions outlined in
8 subdivision ~~(a)(1)~~(a)(1) above, and who are not otherwise covered
9 by the provisions of ~~G.S. 135-40.2(a)(1)~~subdivisions (a)(1) or (a1)(1)
10 of this section.
- 11 (4a) Permanent hourly employees as defined in G.S. 126-5(c4) who
12 work less than one-half of the workdays of each pay period.
- 13 (5) The spouses and eligible dependent children of enrolled employees,
14 retirees, and members of the General Assembly.
- 15 (6) Blind persons licensed by the State to operate vending facilities
16 under contract with the Department of Human Resources, Division
17 of Services for the Blind and its successors, who are:
- 18 a. Operating such a vending facility;
- 19 b. Former operators of such a vending facility whose service as an
20 operator would have made these operators eligible for an early
21 or service retirement allowance under Article 1 of this Chapter
22 had they been members of the Retirement System; and
- 23 c. Former operators of such a vending facility who attain five or
24 more years of service as operators and who become eligible for
25 and receive a disability benefit under the Social Security Act
26 upon cessation of service as an operator.
- 27 (7) Repealed by Session Laws 1985 (Reg. Sess., 1986), c. 1020, s.
28 29(j), effective October 1, 1986.
- 29 (8) Surviving spouses of deceased retirees and surviving spouses of
30 deceased teachers, State employees, and members of the General
31 Assembly provided the death of the former Plan member occurred
32 after September 30, 1986, and the surviving spouse was covered
33 under the Plan at the time of death.
- 34 (9) Repealed by Session Laws 1987, c. 857, s. 11.1.
- 35 (10) Any eligible dependent child of the deceased retiree, teacher, State
36 employee, or member of the General Assembly, provided the child
37 was covered at the time of death of the retiree, teacher, State
38 employee, or member of the General Assembly (or was in posse at
39 the time and is covered at birth under this Part), or was covered
40 under the Plan on September 30, 1986. Any eligible spouse or
41 dependent child of a person eligible under subdivision (8) of this
42 subsection if the spouse or dependent child was enrolled before
43 October 1, 1986.

1 (c) No person shall be eligible for coverage as an employee or retired employee
2 and as a dependent of an employee or retired employee at the same time. In addition, no
3 person shall be eligible for coverage as a dependent of more than one employee or
4 retired employee at the same time.

5 (d) Former employees who are receiving disability retirement benefits or
6 disability income benefits pursuant to Article 6 of Chapter 135 of the General Statutes,
7 provided the former employee has at least five years of retirement membership service
8 at the time of disability, shall be eligible for the benefit provisions of this Plan, as set
9 forth in this Part, on the same basis as a retired employee. Such coverage shall
10 terminate as of the end of the month in which such former employee is no longer
11 eligible for disability retirement benefits or disability income benefits pursuant to
12 Article 6 of this Chapter.

13 (e) Employees on official leave of absence without pay may elect to continue this
14 group coverage at group cost provided that they pay the full employee and employer
15 contribution through the employing unit during the leave period.

16 (f) For the support of the benefits made available to any member vested at the
17 time of retirement, their spouses or surviving spouses, and the surviving spouses of
18 employees who are receiving a survivor's alternate benefit under G.S. 135-5(m) of those
19 associations listed in G.S. 135-27(a), licensing and examining boards under G.S. 135-
20 1.1, the North Carolina Art Society, Inc., and the North Carolina Symphony Society,
21 Inc., each association, organization or board shall pay to the Plan the full cost of
22 providing these benefits under this section as determined by the Board of Trustees of the
23 Teachers' and State Employees' Comprehensive Major Medical Plan. In addition, each
24 association, organization or board shall pay to the Plan an amount equal to the cost of
25 the benefits provided under this section to presently retired members of each
26 association, organization or board since such benefits became available at no cost to the
27 retired member.

28 (g) An eligible surviving spouse and any eligible dependent child of a deceased
29 retiree, teacher, State employee, or member of the General Assembly shall be eligible
30 for group benefits under this section without waiting periods for preexisting conditions
31 provided coverage is elected within 90 days after the death of the former plan member.

32 (h) No person shall be eligible for coverage as an employee or retired employee
33 or as a dependent of an employee or retired employee upon a finding by the Executive
34 Administrator or Board of Trustees or by a court of competent jurisdiction that the
35 employee or dependent knowingly and willfully made or caused to be made a false
36 statement or false representation of a material fact in a claim for reimbursement of
37 medical services under the Plan."

38 Sec. 10. Effective October 1, 1982, G.S. 135-40.3(b) is amended by adding a
39 new subdivision to read:

40 "(3) Retiring employees and dependents enrolled when first eligible
41 after an employee's retirement are subject to no waiting period for
42 preexisting conditions under the Plan. Retiring employees not
43 enrolled or not adding dependents when first eligible after an
44 employee's retirement may enroll later on the first of any following

1 month, but will be subject to a 12-month waiting period for
2 preexisting conditions except as provided in subdivision (a)(3) of
3 this section."

4 Sec. 11. G.S. 135-40.5(d) reads as rewritten:

5 "(d) Second Surgical Opinions. – The Plan will pay one hundred percent (100%)
6 of usual, reasonable and customary charges for one presurgical consultation by a second
7 surgeon or other qualified physician as determined by the Claims Processor and
8 Executive Administrator regarding the performance of nonemergency surgery. The Plan
9 will also pay one hundred percent (100%) of the reasonable and customary charges for
10 diagnostic, laboratory and x-ray examinations required by the second surgeon. Second
11 surgical opinions for tonsillectomy and adenoidectomy procedures may be provided by
12 Board-qualified pediatricians and family practitioners when qualified surgeons are not
13 available to provide second surgical opinions. Should the first two opinions differ as to
14 the necessity of surgery, the Plan will pay one hundred percent (100%) of reasonable
15 and customary charges for the consultation of the third surgeon.

16 As used in this section and the provisions of G.S. 135-40.8(b), second surgical
17 opinions, and third surgical opinions when the first two opinions differ as to the
18 necessity of surgery, shall be required for the following procedures otherwise covered
19 by the Plan as the primary payer of health benefits: hysterectomy, revision of the nasal
20 structure, coronary artery bypass surgery, and surgery on the knee (except in procedures
21 involving ~~orthoscopic~~ arthoscopic surgery when the diagnosis and the surgery can be
22 performed in the same procedure and through the same incision). Second surgical
23 opinions for coronary bypass surgery may be provided by doctors who are Board-
24 qualified in internal medicine when qualified surgeons are not available to provide a
25 second surgical opinion. The Claims Processor may waive the requirement for obtaining
26 a second surgical opinion required by this subsection or required by G.S. 135-40.8(b) if
27 the location and availability of surgeons qualified to provide second opinions creates an
28 unjust hardship or if the medical condition of the patient would be adversely affected."

29 Sec. 12. Effective January 1, 1986, G.S. 135-40.6(2)f reads as rewritten:

30 "f. Prior to admission for scheduled inpatient hospitalization, the
31 admitting physician shall contact the Plan and secure approval
32 certification for an inpatient admission, including a length of
33 stay, based upon clinical criteria established by the medical
34 community, before any in-hospital benefits are allowed under
35 G.S. 135-40.8(a). Effective January 1, 1987, failure to secure
36 certification, or denial of certification, shall result in in-hospital
37 benefits being allowed at the rate maximum amount of out-of-
38 pocket expenses established by G.S. 135-40.8(b). Denial of
39 certification by the Plan shall be made only after contact with
40 the admitting physician and shall be subject to appeal to the
41 Executive Administrator and Board of Trustees. Inpatient
42 hospital admission and length of stay certifications required by
43 this subdivision do not apply to inpatient admissions outside of
44 the United States. While approval certification for inpatient

1 admissions is required to be initiated by the admitting
2 physician, the employee or individual covered by the Plan shall
3 be responsible for insuring that the required certification is
4 secured."

5 Sec. 13. (a) G.S. 135-40.6(8) is amended by adding two new subdivisions to
6 read:

7 "s. Routine Diagnostic Examinations: Charges for routine
8 diagnostic examinations and tests, including Pap smears, breast,
9 colon and prostate exams, X rays, mammograms, blood and
10 blood pressure checks, urine tests, tuberculosis tests, and
11 general health checkups that are medically necessary for the
12 maintenance and improvement of individual health but no more
13 often than once every three years for covered individuals to age
14 40 years, once every two years for covered individuals to age
15 55 years, and once a year for covered individuals age 55 years
16 and older, unless a more frequent occurrence is warranted by a
17 medical condition, (not to exceed one hundred fifty dollars
18 (\$150.00) per fiscal year,) when such charges are incurred in a
19 medically supervised facility. Provided, however, that charges
20 for such examinations and tests are not covered by the Plan
21 when they are incurred to obtain or continue employment, to
22 secure insurance coverage, to comply with legal proceedings, to
23 attend schools or camps, to meet travel requirements, to
24 participate in athletic and related activities, or to comply with
25 governmental licensing requirements.

26 t. Immunizations for the prevention of contagious diseases as
27 generally accepted medical practices would dictate when
28 directed by an attending physician."

29 (b) G.S. 135-40.6(4) reads as rewritten:

30 "(4) Outpatient Benefits. – The Plan pays for services rendered in the
31 outpatient department of a hospital, in a doctor's office, in an
32 ambulatory surgical facility, or elsewhere as determined by the
33 Executive Administrator, as follows:

- 34 a. Accidental injury: All covered services. Dental services are
35 excluded except for oral surgery specifically listed in subsection
36 (5)c of this section.
- 37 b. Operative procedures.
- 38 c. All hospital services for radiation therapy, treatment by use of
39 x-rays, radium, cobalt and other radioactive substances.
- 40 d. Pathological examinations of tissue removed by resection or
41 biopsy. Routine Pap smears are not covered by this subsection.
- 42 e. Charges for diagnostic x-rays, clinical laboratory tests, and
43 other diagnostic tests and procedures such as
44 electrocardiograms and electroencephalograms.

1 No benefits are provided by this subsection for screening
2 examinations and routine physical examinations to assess general
3 health status in the absence of specific symptoms of active illness,
4 routine office visits or for doctor's services for diagnostic procedures
5 covered under surgical benefits."

6 (c) G.S. 135-40.6(9)d is repealed.

7 (d) G.S. 135-40.7(12) reads as rewritten:

8 "(12) Charges incurred for any medical observations or diagnostic study
9 when no disease or injury is revealed, unless proof satisfactory to
10 the Claims Processor is furnished that (i) the claim is in order in all
11 other respects, (ii) the covered individual had a definite
12 symptomatic condition of a disease or injury other than
13 hypochondria, and (iii) the medical observation and diagnostic
14 studies concerned were ~~not~~—undertaken as a matter of routine
15 physical examination or health checkup as provided in G.S. 135-
16 40.6(8)s."

17 Sec. 14. (a) Article 3 of Chapter 135 of the General Statutes is amended by
18 adding a new section to read:

19 "**§ 135-40.6C. Long-term care benefits.**

20 Long-term care benefits are subject to deductibles, elimination periods, and
21 coinsurance provisions separate and apart from those provided for in G.S. 135-40.6. No
22 limits on out-of-pocket expenses are provided for long-term care benefits provided by
23 this section. Long-term care benefits are as follows:

24 (1) Nursing Home Benefits. The Plan will pay eighty percent (80%) of
25 the reasonable and customary daily charges allowed by the Plan for
26 skilled nursing care facilities and for intermediate nursing care
27 facilities up to a maximum amount of sixty-five dollars (\$65.00)
28 per day for each day after the first 65 consecutive days for each
29 nursing home stay. Such daily charges shall be inclusive of
30 semiprivate room and board; skilled and semiskilled nursing
31 services; routine laboratory tests and examinations; physical,
32 occupational, and speech therapy; respiratory and other gas
33 therapy; and drugs, injections, biologicals, fluids, solutions, and
34 other routine medical supplies and equipment. Readmission to a
35 nursing home within six months for the same or related cause or
36 causes shall be considered a single nursing home stay for the
37 purposes of this subsection. Benefits payable under this subsection
38 are contingent upon compliance with the following conditions and
39 will, in no instance, be paid under this subsection without
40 compliance with each of the conditions:

41 a. Confinement to a nursing home is medically appropriate due to
42 an illness, disease, or injury upon recommendation of an
43 admitting physician other than a proprietor, employee, or agent
44 of the nursing home; and

- 1 b. Confinement to a nursing home is for any overnight stay for
2 which a charge for a day's stay is due and payable; and
3 c. Prior to confinement, the admitting physician secures approval
4 certification from the Plan for the confinement.

5 As used in this subsection, a nursing home is a facility or a part of a
6 facility which is (a) operated under state law and which is qualified as
7 a skilled nursing or intermediate nursing facility under Medicare; or is
8 (b) a facility meeting the requirements for licensure as a nursing home
9 under Chapter 131E of the North Carolina General Statutes.

- 10 (2) Custodial Benefits. The plan will pay fifty percent (50%) of the
11 reasonable and customary daily charges allowed by the Plan for
12 domiciliary care facilities, for adult day care facilities, and for
13 home health care agencies up to a maximum amount of twenty
14 dollars (\$20.00) per day for each day after the first 45 consecutive
15 days that such custodial care is provided. Benefits payable under
16 this subsection are contingent upon compliance with the following
17 conditions and will, in no instance, be paid under this subsection
18 without compliance with each of the conditions:

- 19 a. Use of such custodial benefits is medically appropriate in a
20 treatment plan established and certified initially and at least
21 once every six months by an attending physician other than a
22 proprietor, employee, or agent of one or more of the
23 aforementioned facilities or agencies; and
24 b. Confinement to a nursing home would be medically appropriate
25 without the custodial care proposed to be rendered by one or
26 more of the aforementioned facilities or agencies; and
27 c. Prior to use of such custodial benefits, an attending physician
28 secures approval certification from the Plan for the use of the
29 benefits.

30 As used in this subsection, a domiciliary care facility is a facility
31 which (i) is operated under state law to provide residential care for the
32 aged or disabled whose principal need is a home which provides
33 personal care appropriate to their age or disability; or (ii) meets the
34 requirements for licensure as a domiciliary home under Chapter 131D
35 of the North Carolina General Statutes.

36 As used in this subsection, an adult day care facility is a facility which
37 (i) is operated under state law to provide group care for the aged or
38 disabled in a setting away from their residence on a less than 24-hour
39 basis when such aged or disabled would otherwise be in need of full-
40 time personal care away from their residence; or (ii) meets the
41 requirements for certification as an adult day care program under
42 Chapter 131D of the North Carolina General Statutes. As used in this
43 subsection, a home health care agency is a residential care agency
44 which is (i) operated under state law and which is qualified as a home

1 health care agency under Medicare; or (ii) an agency meeting the
2 requirements for licensure as a home health care agency under Chapter
3 131E of the North Carolina General Statutes.

4 (3) Limitations and Exclusions to Long-Term Care Benefits.

5 a. The benefits provided by this section are for the purpose of
6 meeting the requirements for assistance from the loss of
7 functional capacity associated with a chronic illness, disease, or
8 disabling injury for extended periods of time; and are, in no
9 way, intended to duplicate the benefits provided for acute
10 medical care otherwise provided by G.S. 135-40.6 or any other
11 provision of this Article. A loss of functional capacity can
12 occur from: (i) an illness, disease, or disabling injury resulting
13 in a physical incapacity to perform the activities of daily living;
14 or (ii) an irreversible organic mental impairment resulting in a
15 mental incapacity to perform the activities of daily living.
16 Activities of daily living consist of routine functions involving
17 personal care and mobility.

18 b. The Executive Administrator and Board of Trustees may limit
19 the Plan's reimbursement for benefits provided under this
20 section to amounts that would otherwise be allowed in
21 accordance with G.S. 135-40.4.

22 c. The maximum lifetime benefits payable under this section are
23 one hundred thousand dollars (\$100,000) for each covered
24 individual."

25 (b) G.S. 135-40.1(11) reads as rewritten:

26 "(11) Home Health Care Coverage. – Coverage for home care and
27 treatment established and approved in writing by a physician who
28 certifies that continual hospital or nursing home confinement
29 would be required without the care and treatment specified by this
30 coverage."

31 (c) G.S. 135-40.6(3) reads as rewritten:

32 "(3) Skilled Nursing Facility Benefits. – The Plan will pay benefits
33 under this section in a skilled nursing facility which qualifies for
34 delivery of benefits under Title XVII of the Social Security Act
35 (Medicare), as follows:

36 After discharge from a hospital for which inpatient hospital
37 benefits were provided by this Plan for a period of not less than three
38 days, and treatment consistent with the same illness or condition for
39 which the covered individual was hospitalized, the daily charges will
40 be paid for room and board in a semiprivate room or any multibed unit
41 up to the maximum benefit specified in subsection (1) of this section,
42 less the days of care already provided for the same illness in a hospital.
43 Plan allowances for total daily charges may be negotiated but will not

1 exceed the daily semiprivate hospital room rate as determined by the
2 Plan.

3 Credit will be allowed toward private room charges in an amount
4 equal to the facility's most prevalent charge for semiprivate
5 accommodations. Charges will also be paid for general nursing care
6 and other services which would ordinarily be covered in a general
7 hospital. In order to be eligible for these benefits, admission must
8 occur within 14 days of discharge from the hospital.

9 In order to qualify for benefits provided by a skilled
10 nursing facility, the following stipulations apply:

- 11 a. The services are medically required to be given on an inpatient
12 basis because of the covered individual's need for skilled
13 nursing care on a continuing basis for any of the conditions for
14 which he or she was receiving inpatient hospital services prior
15 to transfer from a hospital to the skilled nursing facility or for a
16 condition requiring such services which arose after such
17 transfer and while he or she was still in the facility for treatment
18 of the condition or conditions for which he or she was receiving
19 inpatient hospital services,
20 b. Only on prior referral by and so long as, the patient remains
21 under the active care of an attending doctor who certifies that
22 continual hospital confinement would be required without the
23 care and treatment of the skilled nursing facility, and
24 c. Approved in advance by the Claims Processor."

25 (d) G.S. 135-40.6(8)c reads as rewritten:

- 26 "c. Home Health Agency Services: Services not otherwise covered
27 by G.S. 135-40.6C that are provided in a covered individual's
28 home, when ordered by the attending physician who certifies
29 that hospital or skilled nursing facility confinement would be
30 required without such treatment and cannot be readily provided
31 by family members. Services may include medical supplies,
32 equipment, appliances, therapy services (when provided by a
33 qualified speech therapist or licensed physiotherapist), and
34 nursing services. Nursing services will be allowed for:
35 1. Services of a registered nurse (RN); or
36 2. Services of a licensed practical nurse (LPN) under the
37 supervision of a RN; or
38 3. Services of a home health aide under the supervision of a
39 RN, limited to four hours a day.

40 Home health services shall be limited to 60 days per
41 fiscal year, except that additional home health services
42 may be provided on an individual basis if prior approval
43 is obtained from the Claims Processor. Plan allowances
44 for home health services shall be limited to licensed or

1 Medicare certified home health agencies and shall not
2 exceed ninety percent (90%) of the skilled nursing
3 facility semiprivate rates as determined by the Plan, or
4 charges negotiated by the Plan."

5 (e) G.S. 135-40.7(2) reads as rewritten:

6 "(2) Charges for care in a nursing home, home for the aged,
7 convalescent home, or in any other facility or location for custodial
8 or domiciliary care or for rest cures except as provided by G.S.
9 135-40.6C."

10 Sec. 15. Effective July 1, 1985, G.S. 135-40.7 is amended by adding a new
11 subdivision to read:

12 "(16a) Charges in excess of negotiated rates allowed for preferred
13 providers of institutional and professional medical care and
14 services in accordance with the provisions of G.S. 135-40.4."

15 Sec. 16. G.S. 135-40.8(b) reads as rewritten:

16 "(b) Where a covered individual fails to obtain a second surgical opinion as
17 required under the Plan, or where a covered individual elects to have a surgery
18 performed that conflicts with a majority opinion of the rendered consultations that the
19 surgery requiring a second or third surgical opinion is not necessary, the covered
20 individual shall be responsible for fifty percent (50%) of the eligible expenses,
21 provided, however, that no covered individual shall be required to pay out-of-pocket in
22 excess of five hundred dollars (\$500.00) per fiscal year."

23 Sec. 17. Effective July 1, 1990, G.S. 135-40.11(c)(1) reads as rewritten:

24 "(1) In the event of termination for any reason other than death, coverage
25 under the Plan for an employee and his or her eligible spouse or
26 dependent children, provided the eligible spouse or dependent children
27 were covered under the Plan at termination of employment or were
28 covered on September 30, 1986, may be continued for a period of not
29 more than ~~18~~36 months following termination of employment on a
30 fully contributory basis."

31 Sec. 18. G.S. 135-40.9 reads as rewritten:

32 "**§ 135-40.9. Maximum benefits.**

33 The maximum lifetime benefit for each covered individual ~~will be five hundred~~
34 ~~thousand dollars (\$500,000)~~ is one million dollars (\$1,000,000)."

35 Sec. 19. Unless otherwise stated, this act is effective upon ratification.
36 Section 5 shall become effective October 1, 1982. Sections 9 and 18 shall become
37 effective October 1, 1990. Sections 13 and 14 shall become effective October 1, 1991.