

**GENERAL ASSEMBLY OF NORTH CAROLINA**

**SESSION 1993**

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HOUSE BILL 248\*

Short Title: Physical Fitness Study.

(Public)

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Sponsors: Representatives Holt; and Bowman.

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Referred to: Rules, Calendar, and Operations of the House.

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February 24, 1993

A BILL TO BE ENTITLED

1 AN ACT TO REAUTHORIZE THE LEGISLATIVE RESEARCH COMMISSION TO  
2 STUDY THE ISSUE OF PHYSICAL FITNESS AMONG NORTH CAROLINA  
3 YOUTH.  
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5 Whereas, the Legislative Research Commission was authorized by the 1991  
6 General Assembly to study physical fitness among North Carolina youth; and

7 Whereas, the Committee found from recent studies that the physical fitness  
8 levels of North Carolina youth is equally poor and in many instances worse than the  
9 national average; and

10 Whereas, the current Committee needs more time to investigate the state of  
11 North Carolina physical education programs; Now, therefore,  
12 The General Assembly of North Carolina enacts:

13 Section 1. The Legislative Research Commission may study the issue of  
14 physical fitness among North Carolina youth. In conducting its study, the Commission  
15 shall investigate the availability and utilization of programs to improve fitness and make  
16 recommendations about the most efficient and effective methods for improving youth  
17 physical fitness.

18 Sec. 2. The Commission may report its findings and recommendations to the  
19 1995 General Assembly, and may make an interim report to the 1994 Session of the  
20 1995 General Assembly.

21 Sec. 3. This act is effective upon ratification.