

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2005

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SENATE DRS35186-LR-87 (3/10)

Short Title: Labor/Mandatory Lunch Break.

(Public)

Sponsors: Senator Clodfelter.

Referred to:

1 A BILL TO BE ENTITLED

2 AN ACT AMENDING THE LABOR LAWS OF NORTH CAROLINA TO PROVIDE
3 FOR MANDATORY LUNCH BREAKS FOR EMPLOYEES.

4 The General Assembly of North Carolina enacts:

5 **SECTION 1.** Article 3 of Chapter 95 of the General Statutes is amended by
6 adding a new section to read:

7 "**§ 95-28.4. Mandatory lunch breaks.**

8 (a) The General Assembly finds that, for reasons of general health and safety,
9 employees should be permitted to stop work at least once during the shift or workday
10 for nutritional purposes.

11 (b) The Commissioner of Labor shall adopt rules to provide that, at a minimum,
12 every employer must allow each employee to take at least one work break for a meal
13 during the employee's workday or shift."

14 **SECTION 2.** This act is effective when it becomes law.